

JOTTINGS

Volume 77, Issue 1

September/October, 2016

COLUMBUS MEDICAL ASSOCIATION ALLIANCE

Upcoming Events

Steering Committee Meeting

September 13
9:30AM
CMA Office
1390 Dublin Road

Fundraiser Committee Planning Meeting

September 13
11:00AM
CMA Office
1390 Dublin Road

Fall Focus

September 22-23
The Lodge at
Geneva State Park
Geneva-on-the Lake, Ohio

"A Tea Party" Fundraising Event

November 9
Scioto Country Club

Holiday Project

December

Watch your mail for updates on these programs

Report news to Sue Dingle (459-1292 or shdingle@yahoo.com)

The deadline for the November newsletter is October 1.



Physicians CareConnection Fun Painting for Health



Wine & Canvas



Come paint your own masterpiece to benefit the Physicians CareConnection. Paint on canvas with step-by-step instructions from a local artist while sipping a glass of wine

Date: Thursday, September 8, 2016

Time: 6:00PM — Appetizers
6:30PM -- 9:30PM — Painting
(Painting begins promptly at 6:30PM)

Location: 132 Graceland Boulevard

Cost: \$100 per person individually
\$75 per person for a group of 5 or more

Register at: <https://www.eventbrite.com/e/pcc-wine-canvas-fundraiser-tickets-26360546103>

For more information, please contact: Audrey Barker at 614-255-4424 or abraker@pcchealth.org

Your charitable contribution is equal to the cost per person minus the value (\$40) of the benefit received

**We need items for our centerpieces and silent auction.
Please see inside for more information!**

From the Editor's Desk



Dear Friends —

My summer got better as it went along. I had my left knee replaced in May. Anyone who has had this procedure, knows that it takes a lot out of you while you are recuperating. I was walking without a walker or cane after only two weeks but it took two-and-a-half months to get my knee to bend properly. Will I have the other one done anytime soon? Not if I can help it! But I do marvel at the procedures that doctors perform so we can live better lives. And I'd like to thank all those who sent cards, called me, brought over lunch/dinner, kept me in their prayers, etc. I have such wonderful friends!

It's time to pay your **dues**; watch for the dues form with your directory. And you can donate funds to our special projects on the dues notice too. Your dues/donations help us to accomplish all that we do. The cost of our dues hasn't been raised in quite a few years. For just \$20 you can join our local alliance plus you have the opportunity to become a state and national member. We thank all of you who faithfully help us do what we do every year.

The planning committee for the annual November event has been working hard over the summer. Please read page 5 about all that we have planned for this special day. Is our annual **fundraiser** on your calendar for November 9? If not, put it there now. It's going to be a fun day and you won't want to miss it. We are having **A Tea Party** this year — hats and gloves are optional but you're encouraged to wear such.

We have a special guest coming this year, Brenda Drake, wife of the OSU president. She is the wife of a physician. Our speaker that day is Tammy Fleishman, also a physician spouse, who is a life coach and will discuss how to live a better life through self-empowerment.

We need tea pots and tea cups for our **centerpieces** at the luncheon that day. Do you have any you could loan us? We promise to return what we borrow right after the day is over. Please call Theresa Lembach if you have an item or two we can borrow.

We also need **silent auction items**. What new item do you have around the house that you don't like or won't be using? Why not donate it to the cause? We make quite a bit of money from the silent auction to help us with our scholarships each year.

We have a new **Holiday Project** this year. The Steering Committee voted to adopt Ronald McDonald House and help this wonderful service to the community in December. Watch for details in a future newsletter.

Stay tuned...

Sue Dingle

Thought to ponder:

Taking joy in living
is a woman's best cosmetic.

— Rosalind Russell

Our Web Site & Blog

Don't forget to check out our web site and blog for the latest information about the Alliance and its activities at the following addresses:

<http://columbusmedicalassociationalliance.weebly.com>

<http://cmaafranklinco.blogspot.com>

The Alliance thanks **Aireen Aguilar** who maintains the blog and web site.

Alliance News

Steering Committee Meeting

Tuesday, September 13
9:30AM
CMA Office
1390 Dublin Road

If you are unable to attend, please contact Shirley Powers.

Planning Meeting for November Fundraising Event

Tuesday, September 13
11:00AM
CMA Office
1390 Dublin Road

If you are unable to attend, please contact Sue Dingle.

We will be meeting after the Steering Committee that day.

Please be ready to report on your assigned job.

Directories Are in the Mail

Our 2016-17 directory will arrive in your mailbox soon. If you do not receive yours, please contact **Aireen Aguilar** and she'll mail you one.

Keep it handy as it contains the information about our programs and meetings this year in addition to all our member contact information.

Report any changes or corrections to Aireen.



Our Alliance Is Recognized

At the OSMA Alliance state convention last May, Franklin County was awarded the following:

- Communications Award — for newsletter
- Health Promotions Award — for "You've Got Style" Fundraiser
- Doctor's Day Award — 2nd place
- Health Promotions Award — for scholarship award — for "You've Got Style"

Teen Hotline Cards

The Alliance is no longer funding the Teen Hotline Cards due to the expense of these cards and our inability to find a chairperson.

Thanks to Aireen for putting together the directory again this year.

You're Invited to Fall Focus

The OSMA Alliance holds its Fall Focus every year in a different place in the state. It's open to all state members. This year it will be held at Geneva-on-the-Lake, Ohio.

See pages 9-10 for the agenda and sign-up sheet for this fun and educational seminar.

Send Bills to Treasurer

Throughout the year, send your receipts for reimbursement or bills to be paid to our treasurer.

Jenny Dingle
2567 Lane Road
Columbus, OH 43220

Time To Pay Dues!

Your dues notice is inside the Alliance directory you should receive soon

Please fill out the form and return it along with your check to Joyce Penn .

Reminder: Your dues may no longer be paid through your spouse's CMA dues notice.

Need Sponsors For Our Fundraiser

To help raise money for our Scholarship Fund, we are trying to secure sponsorships for the November event. If you, a family member, your spouse's office, a business you patronize, etc. would like to become a sponsor for the fundraiser, you can copy and fill out the **form enclosed** and return it to Sue Dingle.

Each level has specified benefits, such as an acknowledgement (ad) in the program and a certain number of tickets.

Family News



Vicki and Steve Probst took a Museum trip to Rome last spring.

Vi Messick has a new great-granddaughter, Elizabeth Vi, born June 10th. This is #6 for Vi! Plus her granddaughter Clare Messick married Anthony Stevens on May 28. And Vi has also moved. Her new address is:

Stone Oak, #226
4160 Trueman Boulevard
Hilliard, OH 43026

Theresa and Bob Lembach and family vacationed at Kiawah, South Carolina in August.

Brent Mulgrew, executive director of the Ohio State Medical Association, has announced he will retire in January, 2017. He has been at the OSMA since 1974. He will also receive the Ohio Hospital Association's Dr. Eli Crew Community Excellence Award. This award recognizes an individual's support of the health care industry.

Sarah Sanders reports: (1) her daughter, Dr. Kimberly Sanders, completed her postdoctoral fellowship at the University of North Carolina at Chapel Hill Eshelman School of Pharmacy on June 30th. She started August 1 as a Clinical Assistant Professor in a joint appointment with UNC's Schools of Pharmacy and Dentistry. She received her PharmD degree from Purdue in 2013 and completed a pharmacy residency at University of Cincinnati Hospitals in 2014. (2) She continues to serve on the Board of Directors for the AMA Foundation and was elected 2016-17 Treasurer. She was also appointed to the Strategic Research Advisory Council for Purdue University. (3) Sarah and Charles visited daughter Samantha in Houston, TX and visited the George H.W. Bush Presidential Museum and Library in College Station. The Sanders vacationed in Banff, Canada and Glacier National Park at the end of August.

Madeline Tzagournis had foot surgery in June but she is now back on two good feet.

Joan Streck's son was married in August.

Brenda Gerhardt's son, Micah, earned his MS in Human Development and Family Science from OSU this summer. He will continue in the PhD program (same area, same school).

Rita O'Brien is full of news about her grands: Granddaughter Kelly Devlin O'Brien, DDS, was married to Gregory Andrew Rustico, an attorney, on June 25 at University of Notre Dame; Granddaughter Erin O'Brien graduated from Bishop Watterson and will attend University of Notre Dame; Granddaughter Diana Greenwald was teaching at Incirlik Air Force Base in Turkey but now is teaching at Aviano Air Force Base in Italy; Grandson Bill Greenwald gave them their 3rd great-grandchild in September.

Shirley and JJ Powers vacationed in Quebec this summer. They are currently awaiting the birth of their fourth grandchild.

Pat Rossel's grandson, Justin Rossel King, recently graduated from the University of Cincinnati College of Medicine. He is now doing his surgical residency/vascular at the University of Michigan Hospitals in Ann Arbor.

Pedro and Aireen Aguilar toured out west, visiting 9 Volcanoes and 4 National Parks from July 16-24: Volcanoes -- Mt. Rainier; Mt. Adams; Mt. St. Helens; Mt. Hood; Newberry National Volcanic Monument; Mt. Bachelor; Mt. Shasta and Lassen Volcanic National Park National. National Parks -- Mt. Rainier; Crater Lake National Park; Whiskeytown Lake; and Lassen National Park. They also visited Williamsport, PA to watch the Little League Baseball World Series at the end of August.

Columbus physicians who passed away over the spring and summer are **Garth Essig, MD, Elliot Feldman, DO, Barry Friedman, MD,** and **Joseph Sudimack, Jr., MD.**

Send family news to Sue Dingle. Let us know about trips, additions to your family, honors, special occasions, etc.

Fundraiser: "A Tea Party"

Our annual luncheon and fundraiser will be held Wednesday, November 9 at Scioto Country Club. **Mark it on your calendar now so you won't plan anything else for that day.**

This event is the ONLY fundraiser we have all year to raise monies for our Medical and Nursing Student Scholarship Fund so we hope you and your friends will attend.

The cost is \$50 per person.

Watch for your invitation in the mail soon.

We have planned the following for

the day:

- **Boutique**
- **Silent Auction**
- **Style Show**
- **Luncheon**
- **Raffle**
- **Special Guest: Brenda Drake, wife of the OSU president**
- **Speaker: Tammy Fleishman, life coach**

The more the merrier so please invite your friends. **If you want us to send invitations to your friends, give their names and addresses to Sue Dingle.**

You can sit together with your friends too by listing their names on the back of the RSVP card. So get together your friends, family, neighbors, book club, tennis partners, bridge group, etc. and reserve a table.

The only way we make money for our scholarship fund is if we have non-members attend. Please help us to make this the biggest and best year ever!

Please Help!

To make this year's fundraiser a success, we need your help:

- ◆ We would welcome **donations of items for the silent auction.** We'll take anything you want to give, but we would especially like restaurant certificates, spa gift cards, OSU items, event tickets, jewelry, purses, wine, etc. We'll also accept **monetary donations** so the committee can buy items to make packages/baskets. Do you have something you've never used or a gift you didn't like just sitting around your house? Then donate it to us — someone else will love it! Contact Chair **Kathy Harter**.
- ◆ We need old-fashioned **tea cups and tea pots** for the centerpieces. If you have some to loan us, contact Theresa Lembach.
- ◆ If you can man the **check-in table** for a half-hour that day, call Shirley Powers.
- ◆ If you would like to **model** in the style show — or your spouse would — contact Shirley Powers
- ◆ If you can **sell raffle tickets** that day at the registration table, contact Sue Dingle.
- ◆ If you can't attend our event, please consider sending in a **donation**.

Tammy Fleishman

We are honored to have Tammy Fleishman, a life coach and physician spouse, as the guest speaker this year at our annual November fundraising event. She is married to Dr. Bruce Fleishman, a cardiologist in Columbus.

Tammy graduated in 1983 from The Medical College of Ohio at Bowling Green University with a Bachelor's Degree in Nursing. She worked as a registered nurse at Grant Hospital in Columbus and the Kansas City Heart Institute in Kansas City, Kansas before leaving nursing to raise her two children, Rachael and Nicholas.

Once Rachael and Nic were in elementary school, Tammy followed her true passion to study and research life; who we are; why we're here; how we can be happiest and most fulfilled; and what is the authentic version of ourselves.

In 2007, Tammy became a certified self-empowerment coach and launched her life coaching business, "Become Yourself." Her goal with each client is to make connections with what their life is trying to teach them and what would bring them genuine meaning, passion



Scholarships Awarded

Last year funds were raised to give two medical student scholarships (\$2000 each) and seven nursing student scholarships (\$1000 each). These funds are mainly secured through our fall fund-raising event, member donations and Doctors' Day donations. These are the scholarship recipients for this fall along with their school and plans for the future:



Carrie Ho— OSU College of Medicine — Internal Medicine

Elizabeth Klagg— OSU College of Medicine — Orthopedic Surgeon

Rebecca Bauserman— Capital University College of Nursing — Women's Health Nurse Practitioner

Kenlee Stambaugh— Capital University College of Nursing — Oncology Nurse

Abigail Garcia— OSU College of Nursing — Women's Health Nurse Practitioner

Amanda Hostetter— OSU College of Nursing — Family Nurse Practitioner

Wan Zhang— OSU College of Nursing — Research and Development

Tyler Cook— Otterbein University College of Nursing — Nurse Practitioner or Nurse Anesthetist

Cherish Lauderback— Otterbein University College of Nursing — Nurse Practitioner

Congratulations to these outstanding individuals who are the future of medicine.

The Alliance has given \$228,084 in scholarships to 357 students (305 nursing and 52 medical) since we began our scholarship program in 1952 for nursing students and in 1997 for medical students.

The Cook's Corner

Beefsteak Tomato Bread Salad

Got tomatoes to spare? This is a delicious side salad. Serves 4.

1 3.5 ounce jar capers
 1-1/2 pounds beefsteak tomatoes, chopped
 1/3 cup extra-virgin olive oil
 1/2 teaspoon kosher salt
 1/2 teaspoon black pepper
 3/4 pound stale dense whole-grain bread, cut into 1-inch chunks (do not use fresh bread — it will get mushy)
 3-ounces baby arugula



If you have a favorite recipe to share, please send it to Sue Dingle.

Combine the capers and the brine from the jar, tomatoes, oil, salt, and pepper in a large bowl. Let stand until the tomatoes release their juices, about 10 minutes.

Add the bread and toss to coat. Let the salad stand, tossing occasionally, until the bread softens slightly and soaks up some of the tomato liquid, about 20 minutes.

Toss with the arugula before serving

Tips for Better Living



To Make Life Easier

1. Use a new tooth brush to remove the silk from an ear of corn quickly and easily.
2. Cut a toilet paper roll lengthwise and place it around a wrapping paper roll to keep the paper neat.
3. Attach a trouser hanger with clasps to the tops of a cookbook page to hold them in place. Then hang it on an overhead cupboard to keep it from getting soiled.
4. Easily remove hard water build up on your shower head by pouring some vinegar in a plastic bag and tying it around the head. Make sure it's completely submerged. Let it soak overnight and come morning, the shower head will spray like new again.
5. Wrap plastic wrap around the stalks of a bunch of bananas to keep them fresh for three or four more days than usual.
6. When you reheat pizza in the microwave, avoid a chewy crust by placing a glass of water on the turntable.
7. Remember the tortilla chips when camping out or starting a fire as they make great kindling.
8. To keep your pizza or other take-out food warm while driving home, put the seat warmer on for the passenger-side seat during the drive to the restaurant. Place your food on the seat for the ride home.
9. If you have scuffed wooden furniture, rub a walnut over the marks and watch them disappear.
10. When painting, wiping your brush on the side of the can can really make a mess with paint build-up. To solve this problem, place a rubber band across the opening and the bottom of the can. This creates a handy scraper for wiping excess paint off your brush. You can now put the top back on easily.

Health Tips for Every Body

Do you know what to do if a power line falls on your car?

Do not drive away or get out.

Stay inside until utility workers say it's okay. Warn others to stay away. If you must leave the vehicle — only in case of fire — jump free without touching the ground and auto at the same time, keeping both feet together, and hop to safety. A live wire touching the ground causes electricity to fan out and walking or running allows one foot to move from one voltage zone to another. This makes your body the electricity's path and electrocution results.

Other safety tips:

Never drive over a downed wire. It could cause poles or other equipment to come crashing down.

Never touch a downed line or a person or object that touching it. You could be injured or killed.



Jest For Heath

Kids Say the Darndest Things

A mother and her young son returned from the grocery store and began putting away the groceries. The boy opened the box of animal crackers and spread them all over the table. "What are you doing?" his mother asked. "The box says not to eat them if the seal is broken" the boy explained. "I'm looking for the seal."



A physician and her 4 year old daughter were in the car on the way to preschool. The doctor/mother had left her stethoscope on the car seat, and her little girl picked it up and began playing with it. "Oh, my goodness," thought the mother, "my daughter wants to follow in my footsteps!" Then the child spoke into the instrument: "Welcome to McDonald's. May I take your order?"

TEACHER: George Washington not only chopped down his father's cherry tree, but also admitted it. Now, Louis, do you know why his father didn't punish him?

LOUIS: Because George still had the ax in his hand.

TEACHER: Harold, what do you call a person who keeps on talking when people are no longer interested?

HAROLD: A teacher.

A Sunday school teacher asked her little children, as they were on the way to church service, "And why is it necessary to be quiet in church?" One bright little girl replied, "Because people are sleeping."

A three-year-old put his shoes on by himself. His mother noticed that the left shoe was on the right foot. She said, "Son, your shoes are on the wrong feet." He looked up at her with a raised brow and said, "Don't kid me, Mom. They're the only feet I got!"

One Sunday morning, the pastor noticed little Alex standing in the foyer of the church staring up at a large plaque. It was covered with names and small American flags mounted on either side of it. The six-year old had been staring at the plaque for some time, so the pastor walked up, stood beside the little boy, and said quietly, 'Good morning Alex.' 'Good morning Pastor,' he replied, still focused on the plaque. 'Pastor, what is this?' The pastor said, 'Well son, it's a memorial to all the young men and women who died in the service.' Soberly, they just stood together, staring at the large plaque. Finally, little Alex's voice, barely audible asked, 'Which service, the 8:30 or the 10:45?'

A father was at the beach with his children when his four-year-old son ran up to him, grabbed his hand, and led him to the shore, where a seagull lay dead in the sand. "Daddy, what happened to him?" the son asked. "He died and went to Heaven," the dad replied. The boy thought a moment and then said, "Did God throw him back down?"

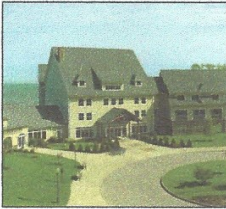
Several years ago, I returned home from a trip just when a storm hit, with crashing thunder and severe lightning. As I came into my bedroom about 2 a.m., I found my two children in bed with my wife, apparently scared by the loud storm. I resigned myself to sleep in the guest bedroom that night. The next day, I talked to the children, and explained that it was O.K. to sleep with Mom when the storm was bad, but when I was expected home, please don't sleep with Mom that night. They said OK. After my next trip several weeks later, my wife and the children picked me up in the terminal at the appointed time. Since the plane was late, everyone had come into the terminal to wait for my plane's arrival, along with hundreds of other folks waiting for their arriving passengers. As I entered the waiting area, my son saw me, and came running shouting, "Hi, Dad! I've got some good news!" As I waved back, I said loudly, "What's the good news?" My son shouted very excitedly, "Nobody slept with Mommy while you were away this time!"

A wife invited some people to dinner. At the table, she turned to their six-year-old daughter and said, "Would you like to say the blessing?" "I wouldn't know what to say," the girl replied. "Just say what you hear Mommy say," the wife answered. The daughter bowed her head and said, "Lord, why on earth did I invite all these people to dinner?"

A three-year-old boy went with his dad to see a litter of kittens. On returning home, he breathlessly informed his mother, "There were 2 boy kittens and 2 girl kittens." How did you know?" his mother asked. "Daddy picked them up and looked underneath," he replied. "I think it's printed on the bottom."

A little girl was talking to her teacher about whales. The teacher said it was physically impossible for a whale to swallow a human because even though it was a very large mammal its throat was very small. The little girl stated that Jonah was swallowed by a whale. Irritated, the teacher reiterated that a whale could not swallow a human; it was physically impossible. The little girl said, "When I get to heaven I will ask Jonah." The teacher asked, "What if Jonah went to hell?" The little girl replied, "Then you ask him."

76th Annual Fall Focus
September 22 & 23, 2016
The Lodge & Conference Center at Geneva State Park



Register today for Fall Focus 2016 to kick off our 2016-17 Alliance year! Meetings and meals will be at the Lodge, 4888 State Hwy 534, Geneva-on-the-Lake, OH 44041. See below for the Fall Focus schedule of events.

You are responsible for making your lodging reservation, which is separate from Fall Focus registration. Please call the Lodge at 1-800-801-9982 and mention the OSMA –A when making your room reservation to get the group rate of \$109 (plus \$9 resort fee and taxes). The deadline for our block of rooms is Monday, August 29, 2016.

Thursday, September 22, 2016

9:30 - 10:15 am	Arrival & Registration
10:15 - 11:30 am	Welcome & OSMA Alliance Board Meeting Western Reserve Room
11:30 am - 12:30 pm	Clothing Challenges for Those with Disabilities Karen Bowersox, Downs Designs Dreams, advocates for disability awareness, promotes independence, and instills confidence by developing a clothing line for special people to meet the needs of individuals with disabilities and their families.
12:30 - 1:30 pm	Lunch Harbor Room
1:45 - 2:30 pm	Trafficked in Ohio: A Survivor's Story Laura Bartchak, of Geauga County-based Harriet Tubman Ministries, will discuss this trafficking in our state and her group's work to link victims to services offering freedom from trafficking.
2:30 - 3:00 pm	Let's Move a Little! Sue Yarab, Mahoning Co. Alliance member, licensed physical therapist, and owner of All Points Physical Medicine, Rehabilitation, Fitness in the Youngstown/Warren area, will lead us in a brief movement session.
3:00 - 4:00 pm	Human Trafficking: Right Here. Right Now. Right Time ... for Change Angela McMahan, RN, Sexual Assault Nurse Examiner/Forensics Nurse at Fairview General Hospital and Southwest General Hospital, serves on Value, Influence & Power, an outreach for women in the adult entertainment industry.
4:00 - 6:00 pm	Room Check-in and Free Time Walk the lakeshore, cycle to the state park, swim in the indoor pool or get a spa treatment at the Spa at the Lakehouse Inn* *The Spa at the Lakehouse Inn offers hair, nail, skin, and massage spa treatments, but advance reservations are highly recommended. Reserve at: 440-466-8668; spa@thelakehouseinn.com; www.thelakehouseinn.com. Coaster bicycles are free to guests- first-come, first-served.
6:30 pm	Dinner at the Lodge with Lucretia Garfield Harbor Room
8:00 pm	S'mores for Dessert by the Outdoor Firepit <i>(weather permitting)</i>

Friday, September 23, 2016

8:00 - 9:00 am	Continental Working Breakfast to finish board business Western Reserve Room
9:00 - 10:00 am	Opioid Epidemic Update Dr. Nancy Rodway, director, Lake County General Health District, update us on the opioid epidemic and Project DAWN in Northeast Ohio.
10:00 - 10:30 am	Let's Move a Little More! Chair Pilates refresher/break with Sue Yarab
10:30 - 11:15 am	Safe Sleep for Infants Diana McDonald, RN, OSMAA President-elect
11:15 - noon	OSMA Update TBD
Noon	Lunch <i>(optional for those wanting to eat before driving home)</i> Harbor Room



OSMA Alliance
Ohio State Medical Association Alliance

Fall Focus Registration Form

Name _____ County _____

Address _____

Email _____ Phone _____

Registration Fee **\$40**

Thursday, September 22

Lunch _____ **\$25**

Salad and Baked Potato Bar: Create your own baked potato toppings include cheddar, green onions, bacon, sour cream. Salad greens, grilled chicken, and salad toppings. Served with fresh fruit and rolls.

Dinner **\$42**

_____ four-cheese ravioli in basil cream sauce

_____ chicken bruschetta with whipped potatoes and roasted vegetables

_____ grilled salmon with sautéed spinach and wild rice.

Friday, September 23

Breakfast _____ **\$15**

Continental breakfast with coffee & tea

Lunch **\$18**

Cup of broccoli soup and bowl of fruit plus choice of

_____ Chicken Bruschetta Sandwich with basil tomato relish on ciabatta

_____ Garden Burger with rosemary, mayo, avocado, and sprouts on a brioche bun

Total Enclosed \$ _____

Please make your checks for Fall Focus payable to OSMA-Alliance and mail with this form to Kris Firth, 10654 Mitchells Mill Rd., Chardon, OH 44024. Remember, the Lodge room deadline is August 29.

Questions?

Contact Kris Firth, OSMA-A President, at firthkm@gmail.com or 440-321-1322 or
Natalie Winer, OSMA-A assistant, at osmaalliance@yahoo.com or 330-697-3545.



**Don't Forget to Book
Your Hotel**



You are responsible for making your room reservation, which is separate from Fall Focus registration. Please call the Lodge at 1-800-801-9982 and mention the OSMA –A when making your room reservation to receive the group rate of \$109 (plus \$9 resort fee and taxes). The deadline for our block of rooms is Monday, August 29, 2016.

The Spa at the Lakehouse Inn offers a wide array of hair, nail, skin, and massage spa treatments, but advance reservations are highly recommended. Reserve soon by calling 440-466-8668.

Bikes are available to rent free of charge to Lodge guests.

Sponsorship Form for "A Tea Party"

A fundraising event for the CMA Alliance Medical and Nursing School Student Scholarship Fund

Name/Company: _____

Address: _____

City, State and Zip Code: _____

Phone #: _____ E-mail: _____

Levels of Sponsorship

Platinum \$1000.00

- Acknowledgement during the event
- Company name on all promotional materials
- Full page ad in program book
- Reserved table of eight (need names of those attending)

Gold \$750.00

- Acknowledgement during the event
- Company name on all promotional materials
- Half page ad in program book
- Reserve six tickets to the event (need names of those attending)

Silver \$500.00

- Acknowledgement during the event
- Company name on all promotional materials
- Half page ad in program book
- Reserve four tickets to the event (need names of those attending)

Bronze \$250.00

- Acknowledgement during the event
- Company name on all promotional materials
- Quarter page ad in program book
- Reserve two tickets for the event (need names of those attending)

Friends of CMAA \$100.00

- Acknowledgement during the event
- Company name on all promotional materials
- 1/8th page ad in program book
- Reserve one ticket to the event (need name of the person attending)

Make all checks payable to: Columbus Medical Association Alliance

Mail to: Sue Dingle, Event Chair – 2875 Squires Ridge – Columbus, OH 43220

We thank you for your support for the future of medicine.

Columbus Medical Association Alliance
1390 Dublin Road
Columbus, Ohio 43215
<http://columbusmedicalassociationalliance.weebly.com>
<http://cmaatranklinco.blogspot.com>

